



FOR IMMEDIATE RELEASE – SEPTEMBER 2020

Region Contact: Contact Name

Phone: Contact Phone Number

Email: Contact Email Address

Nebraska Strong Recovery Project provides crisis counseling, outreach during COVID pandemic

[CITY, NE] The Federal Emergency Management Agency (FEMA) awarded the Nebraska Emergency Management Agency (NEMA) and Nebraska Department of Health and Human Services (DHHS) funding to implement a crisis counseling program for the current pandemic. Funding was provided to all six behavioral health regions in Nebraska along with the Rural Response Hotline, the Nebraska Family Helpline, and the University of Nebraska Public Policy Center.

The Nebraska Strong Recovery Project is an outreach program working with communities impacted by the COVID pandemic.

What the program does:

- Provide emotional support
- Offer information and education on stress and coping
- Connect people to resources and to each other
- Give voice to individuals' stories, disaster reactions, and strengths
- Encourage community members to take an active role in their own recovery

The project has two hotlines available to answer questions and direct callers to resources in their community. If additional support is needed, the hotlines will refer callers to regional teams for follow-up.

If you or your loved ones need help, call the hotlines for free and confidential assistance.

Nebraska Rural Response Hotline:

1-800-464-0258

Mon-Fri, 8 a.m. to 5 p.m.

Nebraska Family Helpline:

1-888-866-8660

24 hours/day, 7 days/week

Additional Information:

<https://www.youtube.com/channel/UC-vy3N1u1USUyASvEGJL63w>

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The Nebraska Strong Recovery Project is an outreach program dedicated to providing crisis counseling services to help Nebraskans cope during the COVID pandemic. For more information, please visit ppc.unl.edu/projects/nebraska-strong-flood-recovery-project.



